

Monounsaturated Fat 0g	
Polyunsaturated Fat 0g	
Cholesterol 30mg	10%
Sodium 480mg	20%
Potassium 180mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	
Sugars 2g	
Protein 14g	28%
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet.	