

Patchogue-Medford Schools make every attempt to ensure that products brought into the District are "peanut free"; however we have no control over Manufacturers changes to production lines. Therefore, we cannot claim to be a "peanut free" District.



"The Courts" at the High School Cafe

MARCH 2023

Visit us on the Patchogue-Medford website for helpful links to learn about healthy eating, [nutrition](#), [carbohydrate counts](#), [allergies](#), exercise, and much more!

<u>Meal Prices</u>	
Breakfast	\$1.00
Lunch	\$3.00
Premium Boar's Head Lunch	\$4.00
Reduced Lunch	\$0.00
Milk	\$0.40
Adult Meals (includes tax)	\$5.42

MON	TUE	WED	THU	FRI
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

Breakfast Served Daily \$1.00

Lunch consists of Meat or Meat Alternate, Vegetable, Fruit, Grains/Bread & Milk

<u>Daily Vegetable and Fruit Selection</u>	Cheese Stick Court	Mexican Court	Chicken Court	Pizza Court	Hero Court	Soups, Salads & Wraps	<u>PREPAID MEALS AVAILABLE</u>
Monday Carrot Sticks & Peaches	Mozzarella Sticks with Marinara Sauce	Build your own Tacos or Nachos	Spicy Chicken Patties	Pizzeria Style Cheese Pizza (plain or w/topping)	Ham and American Cheese on Roll	Grilled Chicken Salad Yogurt Parfait	Breakfast Kiosk available at Main Entrance daily
Tuesday Kidney Bean Salad & Mixed Fruit	French Bread Daily Vegetable and Fruit Selection	Lettuce, Tomato, Salsa, Cheese Sauce Rice	Crispy Chicken Patties Popcorn Chicken w/French Bread	Daily Vegetable and Fruit Selection Milk Selection	Turkey and American Cheese on Roll Boar's Head Specialty Sandwiches	Assorted Wraps All above served with Homemade Tortilla Chips	
Wednesday Corn and Pepper Salad/ French Fries & Pears	Milk Selection	Daily Vegetable and Fruit Selection	All above served with Lettuce, Tomato & Condiment		All above served with Lettuce, Tomato & Condiment	Daily Vegetable and Fruit Selection Milk Selection	
Thursday Broccoli Florets & Applesauce		Milk Selection	Daily Vegetable and Fruit Selection		Daily Vegetable and Fruit Selection	(Soup Sold Separately)	
Friday Celery Sticks & Apple Slices			Milk Selection		Milk Selection		

You may be eligible for free or reduced priced meals. Applications are accepted throughout the entire school year. Call the lunch office at 631-687-6525 or visit the website for application and information: pmschools.org

*** Menu subject to change without notice ***