

Kellogg's® Eggo® Bites® Mini Waffles Maple

Date Printed: 12/04/2018

Maple flavored waffles.

Product Type
Waffles

Allergen Information
CONTAINS WHEAT, EGG, SOY AND MILK
INGREDIENTS.

Product Category

UPC Code
3800092315

Dietary Exchange Per Serving
2 Carbohydrates, 1 Fat

Servings/Case
72 ct

Kosher Status
Kosher Dairy

Sizes
2.65 oz

Grain Ounce Equivalents
2

Format
Bulk

Shelf Life
365 days (12 months)

Gross Weight
14.98

Country of Origin
Distributed in USA

**Kellogg's®
Eggo Bites® Minis Waffles
Maple Flavored**

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 1 Pouch (75g)		Calories 200	2,000
Amount Per Serving			2,500
Calories 200	Calories from Fat 45		
	% Daily Value*		
Total Fat 5g	8%	Total Fat	Less than 65g 80g
Saturated Fat 1.5g	8%	Sat. Fat	Less than 20g 25g
Trans Fat 0g		Cholesterol	Less than 300mg 300mg
Cholesterol 0mg	0%	Sodium	Less than 2,400mg 2,400mg
Sodium 220mg	9%	Potassium	Less than 3,500mg 3,500mg
Potassium 160mg	5%	Total Carbohydrate	300g 375g
Total Carbohydrate 35g	12%	Dietary Fiber	25g 30g
Dietary Fiber 4g	14%	Ingredients: Whole wheat flour, water, sugar, egg whites, vegetable oil (soybean, palm, and/or canola oil), contains 2% or less of leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), molasses, soy lecithin, maltodextrin, natural flavors, whey, salt, modified corn starch.	
Sugars 10g		Vitamins and Minerals: Calcium carbonate, vitamin A palmitate, reduced iron, niacinamide, vitamin B ₁₂ , vitamin B ₆ (pyridoxone hydrochloride), vitamin B ₁ (thiamin hydrochloride), vitamin B ₂ (riboflavin).	
Protein 4g		CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.	
Vitamin A 10%	• Vitamin C 0%		
Calcium 10%	• Iron 15%		
Thiamin 10%	• Riboflavin 10%		
Niacin 10%	• Vitamin B ₆ 10%		
Vitamin B ₁₂ 10%	• Phosphorus 25%		

NLI#11930