

# 2024-2025 FACT SHEET

## 7518 | GOLD KIST® WHOLE MUSCLE BREADED BONELESS WINGS

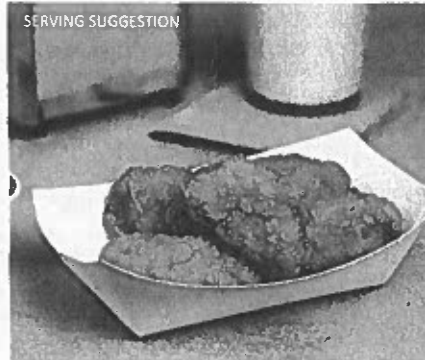
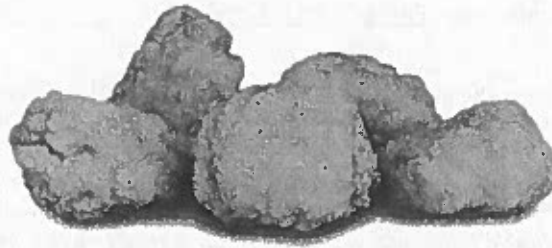
# GOLD KIST® CHICKEN

### PILGRIM'S® PRIDE CORP. – Gold Kist® Brand

CODE NUMBER:	7518
M/MA CONTRIBUTION:	2.25
GRAIN CONTRIBUTION:	1
CALORIES	270
SODIUM	490mg
GTIN:	10075632075181
CASE DIMENSIONS:	17L x 13W x 11.43"H
SHELF LIFE:	365 days
CASE/PALLET:	56
CASE WT:	30 LBS
SERVING SIZE:	5 Pieces
DONATED FOOD/CASE:	29.71
SERVINGS/CASE:	91-113
GR. WT:	32.02 LBS
PALLET (TxH):	8 x 7
CASES CUBE:	1.48

Fully-Cooked, Whole Grain BreaDED, Skinless, and Boneless Whole Muscle Chicken Breast Chunk. Five - 0.95 oz avg. bites equals 1 - 4.75 oz serving. A 4.75 oz serving of Fully Cooked Whole Grain BreaDED Breast Chunks provides 2.25 oz equivalent meat/meat alternate and 1 oz equivalent grains.

CONTAINS: MILK, WHEAT.



### Nutrition Facts

About 101 servings per container  
Serving size **5 Pieces**

Amount per serving  
**Calories 270**

	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 2g	<b>9%</b>
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 2.5g	
<b>Cholesterol</b> 65mg	<b>21%</b>
<b>Sodium</b> 490mg	<b>21%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 3g	<b>9%</b>
Total Sugars less than 1g	
Includes less than 1g Added Sugars	<b>1%</b>
<b>Protein</b> 22g	
Vit D 0mcg 0%	Calcium 20mg 2%
Iron 1.4mg 8%	Potas. 470mg 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# GOLD KIST CHICKEN

Fully Cooked Copy Not For Documenting Federal Meal Pattern Requirements

## 7518

### BONELESS, SKINLESS WHOLE GRAIN BREADED CHICKEN BREAST CHUNKS WITH RIB MEAT

**INGREDIENTS:** Boneless Skinless Chicken Breast With Rib Meat, Water, Modified Food Starch, Reduced Sodium Sea Salt // Sea Salt, Potassium Chloride, Rice Flour, Sodium Phosphates, Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract, **BREADED WITH:** Whole Wheat Flour, Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast Extract, Spice, Yeast, Soybean Oil, Extracts Of Paprika, Annatto And Turmeric, Dextrose, Leavening, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate. **BATTERED WITH:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil, As A Processing Aid, Extractives Of Paprika, Annatto And Turmeric, Butter Flavor (Butter, Sweet Buttermilk, Natural Flavor). **PREDUSTED WITH:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice, Extractive, Breeding Salt, Vegetable Oil.

**CONTAINS:** Milk, Wheat.

**HEATING INSTRUCTIONS FROM FROZEN:** Convection Oven: Preheat to 350 F. Place frozen chicken pieces in a 13x9x2 1/2 inch or equivalent size pan. Bake for 20 minutes. Convection Oven: Preheat oven to 350 F. Place frozen chicken pieces in a 13x9x2 1/2 inch or equivalent size pan. Bake uncovered for 20 minutes. 1500 W. Microwave: Microwave for 10-12 minutes on high. Convection: Preheat oven to 350 F. Place frozen chicken pieces in a 13x9x2 1/2 inch or equivalent size pan. Bake uncovered for 20 minutes. 1500 W. Microwave: Microwave for 10-12 minutes on high.



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\*Above Nutrition Facts information for product 7518 is based on the serving size stated on the attached Product Formulation Statement to provide stated equivalencies.

**Pilgrim's**  
Foodservice