



OVEN READY WHOLE GRAIN POLLOCK STICK 1.25oz 1/10 LB.



PRODUCT SPECIFICATIONS

code	GTIN	SCC	units/case	unit size/ measure	serving/case
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325005C7	XXXXXXXX		1	10 lb	42
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brand	IFDA category	IFDA class
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North Atlantic Brand	Seafood	Seafood/Frozen
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gross weight	net weight	country of origin	Kosher	Child Nutrition
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11 lb	10 lb	U.S.A.	Not Kosher	Yes
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SHIPPING INFORMATION

length	width	depth	TL x HI	shelf life	storage temp from/to	cube
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13.375"	9.5"	6.375"	14 x 10	730 days	-15°F/ -10°F	0.48
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INGREDIENTS: FISH (POLLOCK), WHOLE WHEAT FLOUR, WATER, CRACKER MEAL (WHOLE WHEAT FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), EXTRACTIVES OF PAPRIKA), CANOLA OIL, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF: MODIFIED CORN SYTARCH, WHOLE GRAIN YELLOW CORN FLOUR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SPICES, WHEAT GLUTEN, YEAST EXTRACT, GARLIC POWDER, ONION POWDER, SOYBEAN OIL (AS A PROCESSING AID), DEXTROSE, SPICE EXTRACTIVE.

COOKING INSTRUCTIONS: PREHEAT OVEN TO 425F. PLACE FROZEN PORTIONS ON A GREASED SHEET AND HEAT FOR 18-22 MINUTES OR UNTIL 155F INTERNALLY.

HANDLING INSTRUCTIONS: Keep Frozen @ -10° F or Below until ready to prepare.

Nutrition Facts

servings per container

Serving size (106g)

Amount per serving

Calories 170

% Daily Value*

Total Fat 4g 5%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 280mg 12%

Total Carbohydrate 19g 7%

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 15g

Vitamin D 0mcg 0%

Calcium 18mg 2%

Iron 1mg 6%

Potassium 312mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

