



Tia Maria is a brand of Bagelinos LLC

**BEEF EMPANADAS**  
**HEAT AND SERVE**

**Nutrition Facts**

**Serving size 1 Beef Empanada (130g)**

**Amount per serving**  
**Calories 230**

	<b>% Daily Value*</b>
<b>Total Fat 5g</b>	<b>6%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol 25mg</b>	<b>8%</b>
<b>Sodium 310mg</b>	<b>13%</b>
<b>Total Carbohydrate 32g</b>	<b>12%</b>
Dietary Fiber 3g	11%
<b>Total Sugars 1g</b>	
Includes 0g Added Sugars	0%
<b>Protein 17g</b>	
<b>Vitamin D 0mcg</b>	<b>0%</b>
<b>Calcium 47mg</b>	<b>4%</b>
<b>Iron 3mg</b>	<b>15%</b>
<b>Potassium 461mg</b>	<b>10%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**HEATING INSTRUCTIONS:**

Place frozen empanada on a sheet pan and heat in oven at 375°F for 12-18 minutes or until internal temperature of the products reaches 165°F measured by a calibrated food thermometer.

**General Specifications**

**Code # 09201**  
**Pack: 50/4.58 OZ**  
**Kosher: No**  
**Shelf Life: 365 days frozen.**  
**Status: 2 Weeks Order**

**MEAL CONTRIBUTION:**

**1 Empanada provides**  
**2 OZ M/MA &**  
**2 OZ-EQ Grains**  
**Protein Content: 17g**

**INGREDIENTS**

Beef, Whole Grain Corn Flour, Water, Enriched Degermed Yellow Cornmeal (Degerminated Yellow Cornmeal, Ferrous Sulfate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Onions, Carrots, Celery, Soy Oil, Brown Rice, Potatoes, Garlic, Salt, Garlic Powder, Spices.

**ALLEGERNS**

Contains Soy.

**Case Specifications**

**Dimensions: 11.5 X 9 3/8 X 8 1/2**  
**Per Pallet: 112 CASES / 5,600 UNITS**  
**Case Weight: 14.31 LBS**  
**Tier x Height: 16 x 7**  
**Pack: 50 Empanadas, 4.58 OZ each**  
**Storage: Keep Frozen**



**Product Formulation Statement (Product Analysis) for Meat/meat Alternate (M/MA)**

Product Name: Tia Maria Beef Empanada

Code No: 9201

Case/Pack/Count/Portion/Size: 50 / 4.58 oz. servings per case

**I. Meat/Meat Alternate**

Description of Creditable Ingredients per Food Buying Guide	Ounces per Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Beef loin steak, fresh or frozen	1.336	x	0.750	1.002
		x		
		x		
		x		
		x		
<b>A. Total Creditable M/MA Amount</b>				<b>1.002</b>

\* Creditable amount - Ounce per portion of creditable ingredient x FBG yield information.

**II. Alternate Protein Product (APP)**

Description of APP, manufacture's name, & code number	Oz Dry APP per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount***
Textured vegetable protein	0.282	x	64.00	÷ by 18	1.003
		x		÷ by 18	
		x		÷ by 18	
<b>B. Total Creditable APP Amount</b>					<b>1.003</b>
<b>TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest ¼ oz)</b>					<b>2.000</b>

\*Percent protein as-is as provided on APP documentation

\*\*18 is the percent protein when fully hydrated

\*\*\*Creditable amount of APP is ounces dry APP x percent protein as-is divided by 18

Total number of servings purchased 50 / 4.58 oz.  
 Total oz of meat/meat alternate 2.0 oz

I certify that the above is true and accurate when prepared according to instructions. I further certify that any APP used in this product conforms to Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A)

President \_\_\_\_\_  
 Title \_\_\_\_\_  
 Jorge H. Henao 11/13/18 973-607-1904  
 Printed Name Date Phone Number

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**Formulation Statement for Documenting Grains in School Meals**

**Product Name:** Tia Maria Beef Empanada **Code No:** 9201  
**Case/Pack/Count/Portion/Size:** 50 / 4.58 oz. servings per case

**I. Does the product meet the Whole Grain-Rich Criteria?** Yes  No   
 (Refer to SP-30-2012 Grain Requirements for the National School Lunch Program and School breakfast Program)

**II. Does the product contain non-creditable grains:** Yes  No  How many grams: \_\_\_\_\_  
 (Products with more than 0.24oz equivalent or 3.99 grams for Groups A\_G and 6.99 grams for Group H of non-creditable grains cannot be credited using Exhibit A weights, only by calculating total creditable grains.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I.** (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H, 28 grams per oz eq; Group I, volume or weight).

Indicate which Exhibit A Group (A-I) the product belongs: \_\_\_\_\_

Description of Product per Food Buying Guide	Portion Size (oz) of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Creditable Amount <sup>1</sup>
<b>A. Total Creditable Amount<sup>2</sup></b>			

<sup>1</sup>(Portion size) ÷ (Exhibit A weight for one oz eq)  
<sup>2</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Description of Creditable Grain Ingredient*	Portion Size (g)**	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent (16a or 28a)	Creditable Amount <sup>2</sup>
Whole grain corn flour		27.10	16.00	1.694
Enriched yellow corn meal		8.13	16.00	0.508
<b>A. Total Creditable Amount<sup>3</sup></b>				<b>2.00</b>

\*Creditable grains are whole-grain meal/flour and enriched meal/flour.  
 \*\*If known, use the raw dough weight for a more accurate creditable amount.  
<sup>1</sup>(Portion size) x (% of creditable grains in formula).  
<sup>2</sup>(Grams of creditable grains) ÷ (standard grams of creditable grains from corresponding Group of Exhibit A).  
<sup>3</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchasec \_\_\_\_\_ 4.58 oz.  
 Total contribution of product (per portion): \_\_\_\_\_ 2.00 oz-eq

I certify that the above information is true and correct and that a 4.58 ounce portion of this product (ready for serving provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.25oz per portion.

\_\_\_\_\_  
 Title  
 11/13/18 973-607-1904  
 Date Phone Number

Jorge H. Henao  
 Printed Name

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