



61115 – Golden Grahams (WG) Breakfast Breaks

Serving Size: 1 meal

Each serving (1 meal) of Breakfast Breaks provides 2 ounce equivalent grain servings, and ½ cup fruit based on the USDA Food Buying Guide Requirements.

Code	Component	Menu item	Serving Size	Component Value	Cal	Tot Fat g	Sat Fat g	Trans fat g	Chol mg	Sod mg	Potassium mg	Total Carb g	Dietary Fiber g	Sugar g	Added Sugar g	Prot g	Vit D mcg	Calcium mg	Iron mg
61115	Cereal	Golden Grahams (WG)	1 oz (28g)	1 oz eq gr	110	0.0	0.0	0	0	210	0	24	1	9	9	1	2.0	90.0	2.5
	Additional grain	Animal Crackers (100% WG)	1.1 oz	1 oz eq gr	120	4.5	1.5	0	0	85	62	21	2	6	6	2	0.0	9.0	1.0
	Fruit serving	Apple Juice, 100% Juice	4 fl oz	1/2 cup f	60	0.0	0.0	0	0	10	119	15	0	12	0	0	0.0	0.0	0.0
Total Nutritional Profile					290	4.5	1.5	0	0	305	181	60	3	27	15	3	2.0	99.0	3.5

INGREDIENTS: Golden Grahams: Whole Grain Wheat, Corn Meal, Sugar, Brown Sugar Syrup, Canola Oil, Dextrose, Baking Soda, Salt, Natural Flavor. Vitamins And Minerals: Calcium Carbonate, Vitamin C (Sodium Ascorbate), Iron and Zinc (Mineral Nutrients) AB Vitamin (Niacinamide), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Mononitrate), Vitamin A (Palmitate), A B Vitamin (Folic Acid), Vitamin B12, Vitamin D3. **Animal Crackers, 100% WG:** Whole Wheat Flour, Sugar, Shortening (Palm Oil, Canola Oil), Invert Syrup, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Salt, Soy Lecithin, Natural Flavors, Eggs, Milk. **100% Juice - Apple Juice:** Water, Apple Juice Concentrate, Vitamin C (Ascorbic Acid). **Contains: Wheat, Egg, Soy and Milk.**

Each breakfast kit contains:

- 2 ounce equivalent grain servings
- Fruit serving
- Spoon, napkin & straw

A trash bag is included in each master case.

Shelf life: 4 months, minimum (Shelf Stable 35°F-85°F)
 Case count: 72 meals per case
 TiHi: 4 x 8
 Case dimensions: 23.75" x 19.25" x 11.875"
 Cube: 3.15ft³
 Net wt: 27.45 lbs
 Gross wt: 36 lbs
 Case code: "Best used by" date
 GTIN: 10693392000153

I certify that the information above is correct

N. Castro Natalia Castro
 Technical Services/QA Director