



Cheerios™ Bowlpak Cereal 1oz

Whole Grain Oats - First Ingredient. Toasted Whole Grain Oat Cereal in ring-shaped pieces. Provides 12 vitamins and minerals, and one gram of sugar per bowlpak. No Artificial Colors & No Artificial Flavors. Gluten-Free Whole Grain. 1 oz Eq. Grain.

UNIT SIZE: 1 OZ
CASE COUNT: 96

PRODUCT CODE: 32262000
UPC: 016000322622
GTIN: 10016000322629

Nutrition Facts

Serving Size:	1 Bowl (28g)	
Amount Per Serving:	As Packaged	
Calories	100	
Calories From Fat	15	
Total Fat	2g	3%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	140mg	6%
Potassium	180mg	5%
Total Carbohydrate	20g	7%
Dietary Fiber	3g	11%
Soluble Fiber	1g	
Sugars	1g	
Protein	3g	
Vitamin A	10%	
Vitamin C	10%	
Calcium	10%	
Iron	45%	
Vitamin D	10%	
Thiamin	25%	
Riboflavin	2%	
Niacin	25%	
Vitamin B6	25%	
Folic Acid	50%	
Vitamin B12	25%	
Phosphorus	10%	
Magnesium	8%	
Zinc	25%	

Ingredients

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3



Kosher:

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

*Do not eat raw dough or batter.

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Kix™ Bowlpak Cereal

Whole Grain Corn- First ingredient. Toasted corn, puffed into pieces. Kid-Tested, Mother Approved™. 0.5 oz eq grain. No Artificial Colors & No Artificial Flavors. Whole Grain.

UNIT SIZE: .62 OZ
CASE COUNT: 96

PRODUCT CODE: 11942000
UPC: 016000119420
GTIN: 10016000119427

Nutrition Facts

Serving Size:	1 Bowl (17g)	
Amount Per Serving:	As Packaged	
Calories	60	
Calories From Fat	5	
		% Daily Value*
Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	100mg	4%
Potassium	40mg	1%
Total Carbohydrate	15g	5%
Dietary Fiber	2g	6%
Sugars	2g	
Protein	1g	
Vitamin A	6%	
Vitamin C	6%	
Calcium	8%	
Iron	25%	
Vitamin D	4%	
Thiamin	10%	
Riboflavin	10%	
Niacin	10%	
Vitamin B6	10%	
Folic Acid	25%	
Vitamin B12	10%	
Zinc	10%	

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* - Not a significant nutrient source

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*Do not eat raw dough or batter.

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Ingredients

Whole Grain Corn, Corn Meal, Sugar, Corn Bran, Salt, Brown Sugar Syrup, Baking Soda, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.



Kosher:



Cinnamon Chex™ Bowlpak Cereal

Whole Grain Rice- First Ingredient. No high fructose corn syrup. Sweetened Rice Cereal with real cinnamon. No Artificial Colors & No Artificial Flavors. Gluten-Free. Whole Grain. 1 oz Eq Grain.

UNIT SIZE: 1 OZ
CASE COUNT: 96

PRODUCT CODE: 38387000
UPC: 016000383876
GTIN: 10016000383873

Nutrition Facts

	1 Bowl (28g)	% Daily Value*
Serving Size	1 Bowl (28g)	
Amount Per Serving:	As Packaged	
Calories	120	
Calories From Fat	25	
Total Fat	2.5g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Potassium	40mg	1%
Total Carbohydrate	22g	8%
Dietary Fiber	1g	4%
Sugars	6g	
Protein	1g	
Vitamin A	8%	
Vitamin C	8%	
Calcium	8%	
Iron	40%	
Vitamin D	8%	
Thiamin	20%	
Riboflavin	20%	
Niacin	20%	
Vitamin B6	20%	
Folic Acid	45%	
Vitamin B12	20%	
Zinc	20%	

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* - Not a significant nutrient source

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*Do not eat raw dough or batter.

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Ingredients

Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.



Kosher: