# Kellogg's® Eggo® Bites® Mini French Toast Original


Original french toast minis.

**Product Type**
Waffles

**Product Category**

**UPC Code**
3800080693

**Servings/Case**
72 ct

**Sizes**
3.03 oz

**Format**
Bulk

**Gross Weight**
16.74

**Allergen Information**
CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.

**Dietary Exchange Per Serving**
2 1/2 Carbohydrates, 1 Fat

**Kosher Status**
Kosher Dairy

**Grain Ounce Equivalents**
2

**Shelf Life**
365 days (12 months)

**Country of Origin**
Distributed in USA

Kellogg's®
Eggo Bites®
Mini French Toast
*Original*

**Nutrition Facts**
Serving Size 1 Pouch (86g)

| Amount Per Serving | |
|---|---|
| **Calories** | 210 |
| Calories from Fat | 45 |
| | **% Daily Value*** |
| **Total Fat** 5g | **8%** |
| Saturated Fat 1.5g | 8% |
| *Trans* Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 240mg | **10%** |
| **Potassium** 150mg | **4%** |
| **Total Carbohydrate** 37g | **12%** |
| Dietary Fiber 3g | **14%** |
| Sugars 13g | |
| **Protein** 4g | |
| Vitamin A 10% • Vitamin C 0% | |
| Calcium 10% • Iron 15% | |
| Thiamin 10% • Riboflavin 13% | |
| Niacin 10% • Vitamin $B_6$ 10% | |
| Vitamin $B_{12}$ 10% • Phosphorus 25% | |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat. Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

**INGREDIENTS:** WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA OIL), EGG WHITES, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, NATURAL FLAVORS, MOLASSES, SOY LECITHIN, SALT, WHEY.
**VITAMINS AND MINERALS:** CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN $B_6$ (PYRIDOXINE HYDROCHLORIDE), VITAMIN $B_1$ (THIAMIN HYDROCHLORIDE), VITAMIN $B_2$ (RIBOFLAVIN), VITAMIN $B_{12}$.

**CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.**