

# Kellogg's® Eggo® Bites® Mini French Toast Original

Original french toast minis.

**Product Type**  
Waffles

**Product Category**

**UPC Code**  
380C080693

**Servings/Case**  
72 ct

**Sizes**  
3.03 oz

**Format**  
Bulk

**Gross Weight**  
16.74

**Allergen Information**  
CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.

**Dietary Exchange Per Serving**  
2 1/2 Carbohydrates, 1 Fat

**Kosher Status**  
Kosher Dairy

**Grain Ounce Equivalents**  
2

**Shelf Life**  
365 days (12 months)

**Country of Origin**  
Distributed in USA



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Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 1 Pouch (86g)		Calories	210
<b>Amount Per Serving</b>			
<b>Calories</b>	210		
<b>Calories from Fat</b>	45		
<b>% Daily Value*</b>			
<b>Total Fat</b> 5g	8%		
<b>Saturated Fat</b> 1.5g	8%		
<b>Trans Fat</b> 0g			
<b>Cholesterol</b> 0mg	0%		
<b>Sodium</b> 240mg	10%		
<b>Potassium</b> 150mg	4%		
<b>Total Carbohydrate</b> 37g	12%		
<b>Dietary Fiber</b> 3g	14%		
<b>Sugars</b> 13g			
<b>Protein</b> 4g			
<b>Vitamin A</b> 10% • <b>Vitamin C</b> 8%			
<b>Calcium</b> 10% • <b>Iron</b> 15%			
<b>Thiamin</b> 10% • <b>Riboflavin</b> 13%			
<b>Niacin</b> 10% • <b>Vitamin B<sub>6</sub></b> 10%			
<b>Vitamin B<sub>12</sub></b> 10% • <b>Phosphorus</b> 25%			
<b>INGREDIENTS:</b> WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA OIL), EGG WHITES, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, NATURAL FLAVORS, MOLASSES, SOY LECITHIN, SALT, WHEY.			
<b>VITAMINS AND MINERALS:</b> CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B <sub>6</sub> (PYRIDOXINE HYDROCHLORIDE), VITAMIN B <sub>1</sub> (THIAMIN HYDROCHLORIDE), VITAMIN B <sub>2</sub> (RIBOFLAVIN), VITAMIN B <sub>12</sub> .			
<b>CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.</b>			