

5542

15-11*

KOF 516 1.1.8

Rockland
Bakery

NO TRANS FAT
&
FRUCTOSE FREE



28 OZ

100% Whole Wheat

BREAD

NET WT 28 OZ (1 LB 12 OZ) 794g

K
PARVE
#516

5542

Nutrition Facts

Serving Size 1 Slice 1oz (28g)
Serving Per Container About 28

Amount Per Serving			
		% Daily Value*	
Total Fat	1g		2%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	115mg		5%
Total Carbohydrate	12g		4%
Dietary Fiber	2g		8%
Sugars	1g		
Protein	2g		
Vitamin A	0%	Vitamin C	4%
Calcium	4%	Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, YEAST, SOYBEAN OIL, WHEAT GLUTEN, SALT, EMULSIFIER (MONO AND DIGLYCERIDES, ETHOXYLATED MONO AND DIGLYCERIDES, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: (POLYSORBATE 60, PROPIONIC ACID, SODIUMPROPIONATE (A PRESERVATIVE), PHOSPHORIC ACID), CALCIUM STEAROYL LACTYLATE (CSL), CALCIUMPROPIONATE, SOFTENER - (CALCIUM SULFATE, SALPENZYME), DIACETYL TARTARIC ACID ESTER OF MONO-DIGLYCERIDES, ASCORBIC ACID, ERZYMES, AZODICARBONAMIDE, PALM OIL, L-CYSTEINE, VINEGAR, CALCIUM SULFATE, MONOCALCIUMPHOSPHATE, AMMONIUM SULFATE, ASCORBIC ACID, SOYBEAN OIL, AZODICARBONAMIDE, CALCIUM IODATE, CALCIUMPEROXIDE, ENZYMES (WHEAT), AZODICARBONAMIDE (ADA), L-CYSTEINEHYDROCHLORIDE, CALCIUM PEROXIDE. CONTAINS WHEAT.

THIS PRODUCT WAS MADE IN A FACILITY THAT USES EGGS AND SOY.

THIS PRODUCT WAS MADE IN A PEANUT AND TREE NUT FREE FACILITY.

CT LIC # BAK 0015789 #1133

DIST. BY
ROCKLAND BAKERY
MANHET, NY 10954
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