



**PATCHOGUE-MEDFORD
SCHOOLS**

**ADULT
EDUCATION
COURSE GUIDE**

S U M M E R

2 0 2 4

WELCOME! ~ BIENVENIDO

Welcome to the Patchogue-Medford Schools Adult Education Program. It is operated on a self-sustaining, non-profit basis to serve the educational and enrichment goals of the school district community. We make it easy and pleasant from the moment you decide to register through the completion of your courses. The Office of Adult Education is available to answer any questions and receive suggestions for the growth and improvement of the District's program. We stand behind our program and will do everything possible to make this a pleasant experience for you.

CONTACT INFORMATION:

Office of Instructional Services
241 S. Ocean Ave
Patchogue NY 11772

Katrina Pfeifer, Office of Instructional Services
Daytime Telephone: (631) 687 - 6351 - Monday - Friday 7:30 am - 4:00 pm
Evening Telephone: (631) 687-6574 - Monday - Thursday 4:00 pm - 9:00 pm

Lori Cannetti, Assistant Superintendent for Instruction
Christopher Kelly, Ed.D., Adult Education Evening Supervisor

PAYMENT:

ONLINE PAYMENTS

Classes' payments are now available online! Please click the link below to access My School Bucks, or you can click on the link directly on the Adult Education page of the district website.

My School Bucks - Link to Website

<https://www.myschoolbucks.com/ver2/stores/catalog/getlistproducts?selectedCategories=ZZ61UYGOC0UW8LJ>

You can also access the link directly from the district Adult Education page.

<https://www.pmschools.org/domain/25>

Please keep in mind that confirmation won't be sent if you make your payment to the district. **YOU WILL ONLY BE NOTIFIED OF A CANCELLED OR FULL CLASS THAT IS NO LONGER ACCEPTING STUDENTS.**

PAYMENTS WILL ONLY BE ACCEPTED ONLINE. PLEASE DO NOT MAIL IN A CHECK OR MONEY ORDER FOR ANY OF THE SUMMER CLASSES.

IMPORTANT INFORMATION:

ELIGIBILITY-

All persons 18 or older may register for the adult continuing education program. Registrants are advised to check with their physicians if they have questions about their ability to participate in a specific activity.

SENIOR CITIZENS-

Senior citizens aged 62 and over who are residents of the Patchogue-Medford School District may receive a \$5.00 discount on courses on a space-available basis. Please submit a copy of your driver's license or proof of residency and age with your registration to receive your discount.

REFUNDS-

Refund requests must be made in writing and will not be permitted one week before classes start except for extenuating circumstances. Registration fees will be refunded only if a class is canceled or if there is insufficient enrollment.

OUT-OF-DISTRICT RESIDENTS-

Please add \$15.00 to each class registration fee.

Example: Class Fee = \$75.00, Out-of-District Resident fee = \$90.00.

CANCELATIONS-

YOU WILL ONLY BE NOTIFIED OF A CANCELLED OR FULL CLASS THAT IS NO LONGER ACCEPTING STUDENTS.

SECURITY & FIRE ALARMS -

Students are required to enter through the main entrance of the school. Please note that this entrance may not be in the front of the building. If a fire alarm is sounded, the building must be evacuated. There is no exception. Directions to emergency exits are posted in each classroom.

BAD WEATHER-

If schools are closed, adult education classes will not be held. Up-to-date information regarding inclement weather or other emergencies can be found by calling the adult education office or the district website. CANCELLED classes will be made up if possible.

PHYSICAL ACTIVITIES-

The Board of Education does not insure participants in adult education courses. All participants are advised to consult their family physicians before participating in any class that requires physical exertion or a change in heart rate.

HEALTH WELLNESS & ARTS

ACRYLIC PAINTING TECHNIQUES FOR THE NON-ARTIST

This fun and exciting course will teach new methods of easy-to-follow art such as acrylic pour, string pull, paint night, painting with Q-tips, pencil line drawing, and block art painting. Materials needed are pencils, a sketch pad, 3 canvases of any size (8x10 are fine), and a small diameter painter's tape roll; all paints, and other materials will be provided. Come find the artist in you! **LIMIT OF 25 STUDENTS.**

Instructor: Janet Flood
Dates: Wednesday, July 10th (4-week course)
Times: 6:00 pm to 8:00 pm
Cost: \$40.00
Location: Saxton Middle School - Room 110

MEN'S BASKETBALL

Improve your skills, stay fit, and connect with fellow enthusiasts in a fun and competitive environment. Open to players of all ages and levels. Our league offers structured games & a supportive community. **LIMIT OF 25 STUDENTS.**

Instructor: Anthony Borrelli
Dates: Wednesday, July 10th (8-week course)
Times: 6:00 pm to 8:00 pm
Cost: \$70.00
Location: Saxton Middle School - Gym

<https://www.myschoolbucks.com/ver2/stores/catalog/getlistproducts?selectedCategories=ZZ61UYGOC0UW8LJ>

HEALTH WELLNESS & ARTS

BELLY DANCING FOR FUN AND FITNESS

Fun, fitness, femininity, and stress reduction for any age, shape, or ability! An enjoyable way to keep fit! A short, exciting dance will be taught. Please wear leotards or loose-fitting, comfortable clothing. Nonslip socks or slippers, no sneakers.

LIMIT OF 25 STUDENTS

Instructor: Lenora Dome
Dates: Wednesday, July 10th (6-week course)
Times: 6:30 pm to 7:30 pm
Cost: \$50.00
Location: Saxton Middle School - North Cafe

WEIGHT TRAINING & CALISTHENICS

Embark on a transformative journey with our Weight Training & Calisthenics Course for Adults. Discover the principles of strength training and bodyweight exercises tailored to individual fitness levels. Guided by experienced instructors, develop muscle tone, improve flexibility, and achieve your fitness goals. Elevate your workout routine and unlock your full potential today! This course meets Tuesday & Thursday evenings.

***PLEASE NOTE - Course is located at the PATCHOGUE-MEDFORD HIGH SCHOOL.**

Instructor: Lynn Lopez
Dates: Tuesday & Thursday - Starting July 9th (8-week course)
Times: 6:00 pm to 8:00 pm
Cost: \$90.00
Location: Patchogue-Medford High School - Weight Room*

<https://www.myschoolbucks.com/ver2/stores/catalog/getlistproducts?selectedCategories=ZZ61UYGOC0UW8LJ>

SALUD, BIENESTAR Y ARTE

TÉCNICAS DE PINTURA ACRÍLICA PARA EL NO ARTISTA

Este curso divertido y emocionante enseñará nuevos métodos de arte fáciles de seguir, como el vertido de acrílico, el tirón de cuerdas, la noche de pintura, la pintura con hisopos, el dibujo lineal a lápiz y la pintura de arte en bloques. Los materiales necesarios son lápices, un bloc de dibujo, 3 lienzos de cualquier tamaño (8x10 están bien) y un rollo de cinta de pintor de diámetro pequeño; Se proporcionarán todas las pinturas y otros materiales. ¡Ven a encontrar al artista que llevas dentro!

Instructor: Janet Flood
Fechas: Jueves 4 de abril (curso de 4 semanas)
Veces: 18:00 a 20:00 horas
Costar: \$40.00
Ubicación: Escuela Intermedia Saxton - Salón 110

BALONCESTO MASCULINO - MARTES

Mejora tus habilidades, mantente en forma y conéctate con otros entusiastas en un entorno divertido y competitivo. Abierto a jugadores de todas las edades y niveles. Nuestra liga ofrece juegos estructurados y una comunidad de apoyo.

LÍMITE DE 25 ALUMNOS.

Instructor: Anthony Borrelli
Fechas: Martes, 26 de marzo (curso de 8 semanas)
Veces: 18:00 a 20:00 horas
Costar: \$70.00
Ubicación: Escuela Secundaria Saxton - Gimnasio

SALUD, BIENESTAR Y ARTE

DANZA DEL VIENTRE PARA DIVERTIRSE Y ESTAR EN FORMA

¡Diversión, fitness, feminidad y reducción del estrés para cualquier edad, forma o habilidad! ¡Una forma divertida de mantenerse en forma! Se enseñará un baile corto y emocionante. Por favor, use leotardos o ropa holgada y cómoda. Calcetines o pantuflas antideslizantes, no zapatillas de deporte.

LÍMITE DE 25 ESTUDIANTES

Instructor: Lenora Dome
Fechas: Miércoles 10 de July (curso de 6 semanas)
Veces: De 18:30 a 19:30 horas
Costar: \$50.00
Ubicación: Escuela Secundaria Saxton - North Cafe

ENTRENAMIENTO CON PESAS Y CALISTENIA

Embárcate en un viaje transformador con nuestro Curso de Entrenamiento con Pesas y Calistenia para Adultos. Descubra los principios del entrenamiento de fuerza y los ejercicios de peso corporal adaptados a los niveles de condición física individuales. Guiado por instructores experimentados, desarrolle el tono muscular, mejore la flexibilidad y logre sus objetivos de acondicionamiento físico. ¡Eleva tu rutina de ejercicios y libera todo tu potencial hoy!

TENGA EN CUENTA - El curso está ubicado en la ESCUELA SECUNDARIA PATCHOGUE-MEDFORD.

Instructor: Lynn Lopez
Fechas: Martes y jueves - A partir del 26 de marzo (curso de 10 semanas)
Veces: 18:00 a 20:00 horas
Costar: \$90.00
Ubicación: Escuela Secundaria Patchogue-Medford - Sala de pesas*



Patchogue-Medford Schools
Office of Instructional Services
241 S. Ocean Ave
Patchogue, NY 11772

Non-Profit Organization
U.S. POSTAGE PAID

Patchogue NY
Permit No. 32

BOARD OF EDUCATION

Marc A. Negrin, President
Diana Andrade, Vice-President
Thomas P. Donofrio
Kelli Anne Jennings
Jennifer A Krieger
Francis J. Salazar
Bernadette M. Smith

Dennis M. Logan, District Clerk

SUPERINTENDENT OF SCHOOLS

Donna Jones, Ed.D.

Assistant Superintendent for
Instruction
Lori Cannetti

Assistant Superintendent for
Special Education & Pupil Services
Jessica Lukas, Ed.D.

Assistant Superintendent for
Human Resources
Joey J. Cohen, Ed.D.

Assistant Superintendent for
Business & Operations
Frank Mazzie

*****ECRWSS*****
POSTAL CUSTOMER