



**PATCHOGUE-MEDFORD SCHOOLS**

**WINTER  
2023**

**ADULT EDUCATION  
COURSE GUIDE**

Welcome to the Patchogue-Medford Schools Adult Education Program. It is operated on a *self-sustaining, non-profit* basis in the interest of serving the educational and enrichment goals of the school district community. We make it easy and pleasant from the moment you decide to register through the completion of your courses. The Office of Adult Education is available to answer any questions and receive suggestions for growth and improvement of the District's program. We stand behind our program and will do everything we can to make your experience memorable. Please feel free to contact us at any time.

Office for Community Affairs  
Saxton Middle School  
121 Saxton Street  
Patchogue, NY 11772

Contact Information:

Donna Piccirillo, Community Affairs  
Monday - Friday 7:30 a.m. - 4:00 p.m.  
Daytime Telephone: (631) 687-6755

Evening Telephone: (631) 687-6574  
Tuesday / Thursday 6:00 - 9:00 p.m.

Margherita Proscia, Principal on Special Assignment for Community Affairs  
Christopher Kelly, Ed.D., Adult Education Evening Supervisor

**AS MORE CLASSES BECOME AVAILABLE WE WILL UPDATE THIS BROCHURE.  
CHECK BACK OFTEN FOR NEW CLASS OFFERINGS.**

## **REGISTRATION AND IMPORTANT CLASS INFORMATION**

The Board of Education provides Adult Education as a community service.

**ELIGIBILITY** - All persons who are 18 years or older may register for the adult continuing education program. Registrants are advised to check with their physicians should there be any questions as to their ability to participate in a specific activity.

**SENIOR CITIZENS** - Senior Citizens age 62 and over who are residents of the Patchogue-Medford School District may receive a \$5.00 discount on courses on a space available basis. Please submit a copy of your driver's license or proof of residency and age with your registration to receive your discount.

**REFUNDS** - Refund requests need to be requested in writing and will not be permitted one week prior to the start of classes with the exception of extenuating circumstances. Registration fees will be refunded only if a class is cancelled or if there is insufficient enrollment.

**Confirmations of receipt will not be sent. You will only be notified of a cancelled or full class.**

**OUT-OF-DISTRICT RESIDENTS** - Please add an additional \$15.00 to each class registration fee. Example: Class Fee = \$75.00, Out-of-District Resident fee = \$90.00.

**CANCELLATIONS** - Courses will cancel one week prior to class start date for insufficient enrollment, so please register early!

**NO SMOKING** - Smoking is not permitted anywhere in the school or on the school grounds at any time.

**SECURITY** - All participants should enter through the main entrance of the building.

**FIRE ALARMS** - In the event a fire alarm is sounded, the building must be vacated. There are no exceptions. Directions to emergency exits are posted in each classroom.

**BAD WEATHER** - If schools are closed, Adult Education classes will not meet. Up-to-date information regarding inclement weather or other emergencies can be found by accessing the following sources: **School Closing Info Line - 631-687-6400**, TV Channel 12 News or [www.News12.com](http://www.News12.com), FIOS 1 News or [www.fios1news.com](http://www.fios1news.com) and the following radio stations: WALK (97.5FM, 1370AM), WBLI (106.1 FM), WBAB (102.3 FM), WHLI (1100 AM), WBZO (103.1 FM), WIGX (94.3 FM). Cancelled sessions will be rescheduled if possible.

**PARKING** - Parking regulations at the high school require that vehicles park in marked stalls. Parking is prohibited in any fire zone, and along the curb next to the building. Handicapped parking is available in the front parking lot as well as the north parking lot. Illegal parking is subject to towing at owner's expense.

**MATERIALS FEE** - Some classes require a materials fee that is payable directly to the instructor on your first night of classes. This is noted in the class description.

**PHYSICAL ACTIVITIES** - The Board of Education does not insure participants in community education classes. All participants are advised to consult their family physicians before participating in any classes that require physical exertion or a change in lifestyle.

### **REGISTRATION INFORMATION:**

Registration forms can be found on the last page of this brochure. Use a separate registration form and submit a separate check or money order for each course and each individual attending a course. Checks must be made out to "Patchogue-Medford Schools." Mail registration forms to the following address:

**Office for Community Affairs  
Saxton Middle School  
121 Saxton Street  
Patchogue, NY 11772**

**Please include your telephone number on your check.**

Registrations will be accepted up to the first day of class as long as there are openings in the class and it has not been cancelled due to low enrollment.

The Patchogue-Medford School District does not endorse or sponsor any of the organizations associated with the activities.

## **SLOW FLOW YOGA**

We will practice a basic yoga program using props as needed. A limited number of blocks and straps will be available, please bring your own if you can. **LIMIT OF 20 STUDENTS**

Instructor: LAUREL FREY  
Dates: TUESDAYS: (January 10th to March 21st) - 10-week program  
Times: 6:30 pm to 7:45 pm  
Cost: \$60.00  
Location: Saxton Middle School—Room TBD  
Enrollment: 20 students

## **BASKETBALL—ADVANCE/INTERMEDIATE—Tuesday**

Get in shape while having fun. Full court basketball will start slow and finish quickly!  
**LIMIT OF 25 STUDENTS.**

Instructor: ANTHONY BORRELLI  
Dates: TUESDAYS: (January 3rd to March 14th) - 10-week program  
Times: 6:30 pm to 8:30 pm  
Cost: \$75.00  
Location: Saxton Middle School—Gym  
Enrollment: 25 students

## **BASKETBALL—ADVANCE/INTERMEDIATE—Thursday**

Get in shape while having fun. Full court basketball will start slow and finish quickly!  
**LIMIT OF 25 STUDENTS.**

Instructor: ANTHONY BORRELLI  
Dates: THURSDAYS: (January 5th to March 16th) - 10-week program  
Times: 6:30 pm to 8:30 pm  
Cost: \$75.00  
Location: Saxton Middle School—Gym  
Enrollment: 25 students

## **WEIGHT TRAINING AND CALISTHENICS (CO - ED) - Tuesday & Thursday**

This program is open to both men and women. The first part of the class is devoted to 45 minutes of calisthenics and stretching. Immediately following the warm-up there will be instruction in the weight room. The course will teach the fundamentals of weight training using Nautilus cables, free weights, exercise bikes, climbers and treadmills. Please wear appropriate attire: sweats or gym shorts and bring an exercise mat. **LIMIT OF 25 STUDENTS**

Instructor: LYNN LOPEZ  
Dates: TUESDAYS & THURSDAYS - (January 3rd to March 16th) - 10 week program  
10-week program  
Times: 6:30 pm to 8:30 pm  
Cost: \$ 100.00  
Location: Patchogue-Medford High School – Weight Training & Wellness Room  
Enrollment: 25 students

## **VOLLEYBALL - ADVANCED INTERMEDIATE (CO-ED)**

This course is only for players who understand the rules of volleyball and have the required skills of setting, bumping, hitting, and serving. This course is being offered for those who enjoy competitive volleyball and understand the offensive and defensive team play concepts. Teams will be set up each night based on skill level so that the games are fun and competitive. If you are looking for a good workout and want a stress-free environment to enhance your skills, this course is for you.

### **LIMIT OF 30 STUDENTS**

Instructor: Brian Gunderson  
Date: WEDNESDAY (January 4th to March 15th) - 10-Week Program  
Time: 6:00 pm to 9:00 pm  
Cost: \$ 85.00  
Location: Saxton Middle School - Gym  
Enrollment: 30 students



## **Patchogue-Medford Schools**

Office for Community Affairs  
121 Saxton Street, Patchogue, NY 11772  
Office: (631) 687-6755

Non-Profit  
Organization  
**U.S. POSTAGE PAID**

Patchogue NY  
Permit No. 32

### **BOARD OF EDUCATION**

Kelli Anne Jennings, President  
Marc A. Negrin, Vice President  
Diana Andrade  
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Jennifer A. Krieger  
Francis J. Salazar  
Bernadette M. Smith

Dennis M. Logan, District Clerk

### **SUPERINTENDENT OF SCHOOLS**

Donna Jones, Ed.D.

### **Assistant Superintendent for Special Education and Pupil Services**

Jessica A. Lukas, Ed.D.

### **Principal on Special Assignment for Community Affairs**

Margherita Proscia

**\*\*\*ECRWSS\*\*\*  
POSTAL CUSTOMER**

**Winter Adult Education Registration Form 2023**

Submit a separate check and form for each course and person registering (ages 18 & over).

Make checks payable to: *Patchogue-Medford Schools* (no staples please).

**MAIL TO:**  
*Patchogue-Medford Schools*  
Office for Community Affairs  
Saxton Middle School  
121 Saxton Street  
Patchogue, NY 11772

Last Name \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Cell / Home Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Course \_\_\_\_\_ Fee \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**NON-RESIDENTS PLEASE ADD AN ADDITIONAL \$15 PER COURSE.**

*Senior Citizens requesting a \$5.00 discount must submit a copy of your driver's license or proof of residency and age with your registration.*

**PLEASE NOTE: CONFIRMATIONS WILL NOT BE SENT. You will only be notified of a cancelled or full class.**

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