



**PATCHOGUE-MEDFORD SCHOOLS**

**FALL  
2022**

**ADULT EDUCATION  
COURSE GUIDE**

Welcome to the Patchogue-Medford Schools Adult Education Program. It is operated on a *self-sustaining, non-profit* basis in the interest of serving the educational and enrichment goals of the school district community. We make it easy and pleasant from the moment you decide to register through the completion of your courses. The Office of Adult Education is available to answer any questions and receive suggestions for growth and improvement of the District's program. We stand behind our program and will do everything we can to make your experience memorable. Please feel free to contact us at any time.

Office for Community Affairs  
Saxton Middle School  
121 Saxton Street  
Patchogue, NY 11772

Contact Information:

Donna Piccirillo, Community Affairs  
Monday - Friday 7:30 a.m. - 4:00 p.m.  
Daytime Telephone: (631) 687-6755

Evening Telephone: (631) 687-6574  
Tuesday / Thursday 6:00 - 9:00 p.m.

Margherita Proscia, Principal on Special Assignment for Community Affairs  
Christopher Kelly, Ed.D., Adult Education Evening Supervisor

**AS MORE CLASSES BECOME AVAILABLE WE WILL UPDATE THIS BROCHURE.  
CHECK BACK OFTEN FOR NEW CLASS OFFERINGS.**

## **REGISTRATION AND IMPORTANT CLASS INFORMATION**

The Board of Education provides Adult Education as a community service.

**ELIGIBILITY** - All persons who are 18 years or older may register for the adult continuing education program. Registrants are advised to check with their physicians should there be any questions as to their ability to participate in a specific activity.

**SENIOR CITIZENS** - Senior Citizens age 62 and over who are residents of the Patchogue-Medford School District may receive a \$5.00 discount on courses on a space available basis. Please submit a copy of your driver's license or proof of residency and age with your registration to receive your discount.

**REFUNDS** - Refund requests need to be requested in writing and will not be permitted one week prior to the start of classes with the exception of extenuating circumstances. Registration fees will be refunded only if a class is cancelled or if there is insufficient enrollment.

**Confirmations of receipt will not be sent. You will only be notified of a cancelled or full class.**

**OUT-OF-DISTRICT RESIDENTS** - Please add an additional \$15.00 to each class registration fee. Example: Class Fee = \$75.00, Out-of-District Resident fee = \$90.00.

**CANCELLATIONS** - Courses will cancel one week prior to class start date for insufficient enrollment, so please register early!

**NO SMOKING** - Smoking is not permitted anywhere in the school or on the school grounds at any time.

**SECURITY** - All participants should enter through the main entrance of the building.

**FIRE ALARMS** - In the event a fire alarm is sounded, the building must be vacated. There are no exceptions. Directions to emergency exits are posted in each classroom.

**BAD WEATHER** - If schools are closed, Adult Education classes will not meet. Up-to-date information regarding inclement weather or other emergencies can be found by accessing the following sources: **School Closing Info Line - 631-687-6400**, TV Channel 12 News or [www.News12.com](http://www.News12.com), FIOS 1 News or [www.fios1news.com](http://www.fios1news.com) and the following radio stations: WALK (97.5FM, 1370AM), WBLI (106.1 FM), WBAB (102.3 FM), WHLI (1100 AM), WBZO (103.1 FM), WIGX (94.3 FM). Cancelled sessions will be rescheduled if possible.

**PARKING** - Parking regulations at the high school require that vehicles park in marked stalls. Parking is prohibited in any fire zone, and along the curb next to the building. Handicapped parking is available in the front parking lot as well as the north parking lot. Illegal parking is subject to towing at owner's expense.

**MATERIALS FEE** - Some classes require a materials fee that is payable directly to the instructor on your first night of classes. This is noted in the class description.

**PHYSICAL ACTIVITIES** - The Board of Education does not insure participants in community education classes. All participants are advised to consult their family physicians before participating in any classes that require physical exertion or a change in lifestyle.

### **REGISTRATION INFORMATION:**

Registration forms can be found on the last page of this brochure. Use a separate registration form and submit a separate check or money order for each course and each individual attending a course. Checks must be made out to "Patchogue-Medford Schools." Mail registration forms to the following address:

**Office for Community Affairs  
Saxton Middle School  
121 Saxton Street  
Patchogue, NY 11772**

**Please include your telephone number on your check.**

Registrations will be accepted up to the first day of class as long as there are openings in the class and it has not been cancelled due to low enrollment.

The Patchogue-Medford School District does not endorse or sponsor any of the organizations associated with the activities.

## **SLOW FLOW YOGA**

We will practice a basic yoga program using props as needed. A limited number of blocks and straps will be available, please bring your own if you can. LIMIT OF 20 STUDENTS

Instructor: LAUREL FREY  
Dates: TUESDAYS: (September 13<sup>th</sup> to November 22<sup>nd</sup>) - 10-week program  
Times: 6:30 pm to 7:45 pm  
Cost: \$55.00  
Location: Saxton Middle School—Room TBD

## **BASKETBALL—ADVANCE/INTERMEDIATE—Tuesday**

Get in shape while having fun. Full court basketball will start slow and finish quickly! This course is limited to 30 students per session.

Instructor: ANTHONY BORRELLI  
Dates: TUESDAYS: (September 13<sup>th</sup> to November 22<sup>nd</sup>) - 10-week program  
Times: 6:30 pm to 8:30 pm  
Cost: \$65.00  
Location: Saxton Middle School—Gym

## **BASKETBALL—ADVANCE/INTERMEDIATE—Thursday**

Get in shape while having fun. Full court basketball will start slow and finish quickly! This course is limited to 30 students per session.

Instructor: ANTHONY BORRELLI  
Dates: THURSDAYS: (September 15<sup>th</sup> to November 24<sup>th</sup>) - 10-week program  
Times: 6:30 pm to 8:30 pm  
Cost: \$65.00  
Location: Saxton Middle School—Gym

## **WEIGHT TRAINING AND CALISTHENICS (CO - ED) - Tuesday & Thursday**

This program is open to both men and women. The first part of the class is devoted to 45 minutes of calisthenics and stretching. Immediately following the warm-up there will be instruction in the weight room. The course will teach the fundamentals of weight training using Nautilus cables, free weights, exercise bikes, climbers and treadmills. Please wear appropriate attire: sweats or gym shorts and bring an exercise mat.

Instructor: LYNN LOPEZ  
Dates: TUESDAYS & THURSDAYS - (September 13<sup>th</sup> to December 1<sup>st</sup>)  
10-week program  
Times: 6:30 pm to 8:30 pm  
Cost: \$ 85.00  
Location: Patchogue-Medford High School – Weight Training & Wellness Room

## **PASTEL DRAWING**

This is a class designed for those who want to express themselves visually and at the same time have an enjoyable experience. You will have a feeling of accomplishment as you learn color mixing, composition, various techniques, and the use of texture. Soft pastels and pastel pencils will be used. This class is for the beginner as well as those students who have had some drawing experience. For the first class you will need an 11" x 14" white mixed media pad, a number 2H drawing pencil, kneaded eraser, a set of soft pastels (at least 12) and about six small blending sticks. A supply list with the remaining supplies will be given out during the first class

Instructor: GEORGE BLACK  
Dates: TUESDAYS: (September 13<sup>th</sup> to November 8<sup>th</sup>) - 8 week program  
Times: 7:00 pm to 9:00 pm  
Cost: \$55.00  
Location: Saxton Middle School—Room 110

## **THEOLOGICAL MEDITATION**

Though Eastern Meditation (focusing on the impersonal) has become quite popular in the United States, the Bible has been teaching the art of meditation well before Yoga, TM or other monistic belief systems became popular in the West. Biblical meditation is more than just Bible memorization and can and should be practiced throughout the day regardless of your activity or location. Join us as we learn about this perspective concerning this critical and life-changing spiritual discipline.

Instructor: Bruce Bennett  
Date: THURSDAY, October 27<sup>th</sup> & November 3<sup>rd</sup> (2-classes)  
Time: 7:00 pm to 9:00 pm  
Cost: \$ 30.00  
Location: Virtual – A zoom link will be provided the day of the first class.

## **VOLLEYBALL - ADVANCED INTERMEDIATE (CO-ED)**

This course is only for players who understand the rules of volleyball and have the required skills of setting, bumping, hitting, and serving. This course is being offered for those who enjoy competitive volleyball and understand the offensive and defensive team play concepts. Teams will be set up each night based on skill level so that the games are fun and competitive. If you are looking for a good workout and want a stress-free environment to enhance your skills, this course is for you.

Instructor: Brian Gunderson  
Date: WEDNESDAY, September 14<sup>th</sup> to December 1st (10-Week Class)  
Time: 6:00 pm to 9:00 pm  
Cost: \$ 65.00  
Location: Saxton Middle School - Gym

## **DEFENSIVE DRIVING COURSE**

Save a great deal of money! Save a license! Most important, possibly save a life! This course will reduce your auto liability and collision insurance 10% each year for three years. Four points will be reduced from your New York State driving record if the violations were incurred in the 18-month period prior to taking the defensive driving course. Upon completion, a certificate will be mailed to the student which can be presented to the driver's insurance company. This 6 hour course meets on two separate evenings for three hours each night.

Instructor: Mike Ryan/Joe Foti  
Date: Tuesday & Wednesday November 15th & 16th  
Time: 6:00 pm to 9:00 pm  
Cost: \$60.00  
Location: Saxton Middle School - Room 110

## **NATIONAL SAFETY COUNCIL CPR/AED**

Adult/Child and Infant one-person CPR and response to Adult/Child and Infant choking emergencies. Instruction and use of the automated external defibrillator (AED) will be taught. Certification expires two years from date of issue. Materials included. Fee includes student manual CDs and CPR certification card.

Instructor: Mike Ryan/Joe Foti  
Date: Thursday, November 17th  
Time: 6:00 pm to 9:00 pm  
Cost: \$60.00  
Location: Saxton Middle School – Room 110

## **DIVERSIFY YOUR INCOME STREAM**

Edward Jones Financial Advisor Jo Bennett will discuss the three basic types of income that may play a role in your investment portfolio - variable, reliable and rising.

Instructor: Jo Bennett  
Date: TUESDAY, Sept. 20th (One Day Seminar)  
Time: 6:00 pm to 9:00 pm  
Cost: FREE  
Location: Virtual – A zoom link will be provided the day of the first class.

## **EDWARD JONES – PERSPECTIVE SEMINAR**

The Edward Jones Perspective seminar discusses timely market topics and potential investment strategies.

Instructor: Jo Bennett  
Date: TUESDAY, October 11<sup>th</sup> (One Day Seminar)  
Time: 6:00 pm to 8:00 pm  
Cost: FREE  
Location: Saxton Middle School – Room 114

## **HOMESCHOOLING**

What is the fastest growing educational movement in America? That's right, learning the required curriculum at home! With the advent of online, satellite and DVD based learning programs, the number of homeschooling resources has never been better! Did you know that homeschoolers are being preferred for admittance into many Ivy League colleges and that several states offer online High School diplomas as well? Join us we discuss what is involved in homeschooling your children, the various curriculums available, the role of your school district, library and learning coops in your area. Bruce has been a public school educator for over 32 years and with his wife Lynda, has homeschooled their 3 children for over 20 years.

Instructor: Bruce Bennett  
Date: THURSDAY, October 13<sup>th</sup> & October 20<sup>th</sup> (2-classes)  
Time: 6:00 pm to 9:00 pm  
Cost: \$ 30.00  
Location: Virtual – A zoom link will be provided the day of the first class



## Patchogue-Medford Schools

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121 Saxton Street, Patchogue, NY 11772  
Office: (631) 687-6755

Non-Profit  
Organization  
**U.S. POSTAGE PAID**

Patchogue NY  
Permit No. 32

### **BOARD OF EDUCATION**

Kelli Anne Jennings, President  
Marc A. Negrin, Vice President  
Diana Andrade  
Thomas P. Donofrio  
Jennifer A. Krieger  
Francis J. Salazar  
Bernadette M. Smith

Dennis M. Logan, District Clerk

### **SUPERINTENDENT OF SCHOOLS**

Donna Jones, Ed.D.

### **Assistant Superintendent for Special Education and Pupil Services**

Jessica A. Lukas, Ed.D.

### **Principal on Special Assignment for Community Affairs**

Margherita Proscia

**\*\*\*ECRWSS\*\*\*  
POSTAL CUSTOMER**



**Fall Adult Education Registration Form**

Submit a separate check and form for each course and person registering (ages 18 & over).

Make checks payable to: *Patchogue-Medford Schools* (no staples please).

**MAIL TO:**  
*Patchogue-Medford Schools*  
Office for Community Affairs  
Saxton Middle School  
121 Saxton Street  
Patchogue, NY 11772

Last Name \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Cell / Home Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Course \_\_\_\_\_ Fee \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**NON-RESIDENTS PLEASE ADD AN ADDITIONAL \$15 PER COURSE.**

*Senior Citizens requesting a \$5.00 discount **must** submit a copy of your driver's license or proof of residency and age with your registration.*

**PLEASE NOTE: CONFIRMATIONS WILL NOT BE SENT. You will only be notified of a cancelled or full class.**

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Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Cell / Home Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Course \_\_\_\_\_ Fee \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

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