

PATCHOGUE-MEDFORD UFSD
WELLNESS COMMITTEE MEETING



AGENDA MINUTES

JANUARY 28, 2021

Present: Nicole Ciminiello, Daniel Erwin, Denise Bassin, Gerry Lake, Theresa DeLeva, JoAnne Durovich

Note taker: Nicole Ciminiello

	DISCUSSION	FOLLOW-UP
1.	Welcome/Introductions- Nicole welcomed everyone to the first Wellness Committee meeting of the 2020-2021 school year. She asked all members to introduce themselves and what their role was in the district/community.	
2.	February-Heart Health Awareness Month- Nicole informed the committee that Dr. Jones would like to share information with the community regarding heart health awareness. Dr. Jones spoke with Denise and Nicole about this last week.	Denise was to follow up with Nicole as she had some contacts that would be interested in sharing information about Plant Based Diets. Once Nicole and Denise speak, the information will then be shared with Dr. Jones for further follow up.

	DISCUSSION	FOLLOW-UP
3.	Plant Based Diets- Denise gave a basic overview of some of the work she has been doing involving plant based diets. She gave some very interesting statistics about plant based diets and what it really entails.	Denise wanted to know how she could get this information out to further educate students and the community. Nicole gave some suggestions by first speaking with her Principal and her colleagues. Nicole also stated to speak with Ryan Cox about how this could be incorporated with the health teachers as well.
4.	Other- JoAnne Durovich explained that she is a social worker for St. Joseph's college. She has written many grants to help assist homeless students and veterans. She was able to receive funding for a group of veterans to grow an organic garden.	JoAnne asked if the district has a grant writer. Nicole explained that Mrs. Cannetti (Assistant Superintendent for Instruction) writes many of the district's grants, but there are many teachers and Principal's that look for grant opportunities as well. For example, there are a number of schools that have gotten grants from LOWES.
5.	Gerry explained that she would like to continue the relationship with the District on educating the younger students with the curriculum "My Plate" Gerry stated that Cornell Cooperative was due to come into the District starting in March and then the Pandemic hit. Gerry would like to go back to those two schools since they never were able to finish the program	Gerry will follow up with Nicole about available dates to do this. The program would be done via zoom.
6.	Family Center- The committee asked if it would be beneficial to have one of the Family Center employees to be a part of the Wellness Committee. Nicole thought it was a great idea.	Nicole will follow up with the Family Center and see if anyone would be available to join the committee.

	DISCUSSION	FOLLOW-UP
7.	The meeting adjourned at 4:35	Nicole will send out meeting minutes and next meeting date.
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10.		