

**PATCHOGUE-MEDFORD UFSD**  
**WELLNESS COMMITTEE MEETING**



**AGENDA**

**JANUARY 10, 2018**

1. Welcome
2. Taste Club – Medford & Canaan
3. Cornell Cooperative
4. Follow Up – Breakfast in the Classroom: New Food Items
5. Quarterly Business Newsletter
6. Other

**PATCHOGUE-MEDFORD UNION FREE SCHOOL DISTRICT**

**Wellness Committee  
241 South Ocean Avenue  
Patchogue, New York 11772**

**January 10, 2018**

**MEMBERS OF THE COMMITTEE PRESENT:** Nicole Ciminiello, Daniel Erwin, Gerry Lake, Diane O'Connell, Nancy Poulis, Julianna Ricca, Sara Turnasella

**MEMBERS OF THE COMMITTEE ABSENT:** Karen Ball, Ryan Cox, Michelle Guardino, Dr. Donna Jones, Bernadette Smith

**MEMBERS OF THE PUBLIC ABSENT:** Doreen Lamm

**1. CALL TO ORDER**

Nicole Ciminiello called the meeting to order at 3:15 p.m. in the conference room at the Administration Building.

**2. Welcome/Introductions:**

Ms. Ciminiello welcomed everyone and asked that they introduce themselves as student representative Julianna Ricca attended her first meeting.

**3. Taste Club-Medford & Canaan**

a) Ms. Ciminiello informed Ms. Turnasella that two teachers were board approved at the December board meeting and that Ms. Turnasella should reach out to Margherita Proscia to set up a date to start the club. Ms. Ciminiello instructed Ms. Turnasella to contact her if she did not hear back from Ms. Proscia.

b) Ms. Turnasella stated that she has been in contact with the advisor from Canaan and that they were hoping to start the club in February. She informed the committee that the advisor from Canaan was out on a sick leave and just returned.

**4. Cornell Cooperative**

a) The final decision to push into two schools was determined. Ms. Ciminiello reached out to Eagle, Canaan and Medford to determine how many kindergarten sections they each had. Each school has five sections. Ms. Ciminiello will inform Dr. Jones that Cornell can only push into two schools and a final decision will be made as to which two schools will receive Cornell Cooperative's services during the current school year.

- Once the two schools are determined, Ms. Ciminiello will set up a meeting with Ms. Lake and the principals to review what will be taking place and at what times.

**5. Follow Up-Breakfast in the Classroom: New Food Items**

a) Mr. Erwin indicated that the hard-boiled egg was not a big hit in many of the schools. It only did well in one elementary school. He also indicated that one of the schools had severe egg allergies. He had to modify serving options at the school where the students had allergies. The nurse and principal at that school were satisfied with the adjustments.

**PATCHOGUE-MEDFORD UNION FREE SCHOOL DISTRICT**

**Wellness Committee  
241 South Ocean Avenue  
Patchogue, New York 11772**

**January 10, 2018**

- b) Mr. Erwin also indicated that within the next few months, there will be an egg and cheese omelet, chicken on whole grain biscuit and cereal option. Overall, he indicated that the Breakfast in the Classroom has been a tremendous success.

**6. Quarterly Business Newsletter**

- a) Ms. Ciminiello shared copies of the latest edition of the *Business News* newsletter with the committee and highlighted the section about Wellness. Ms. Poulis was very excited to see her student's pictures and stated that she was going to share this information with her own district's Wellness Committee later on that evening.

**7. Other**

- a) Fitness Club – Ms. Ciminiello asked Ms. Ricca if she was aware of whether or not the Fitness Club was up and running at the High School. Ms. Ricca said she was not aware if it was operational.
- b) Kiosk – Ms. Ricca stated that a petition was most likely going to be passed around requesting students to sign to obtain passes from teachers to go to the Kiosks and be a few minutes late to class. Ms. Ricca stated that most teachers are fair and will provide passes to students if they go to class first and put down their books and then go to the Kiosk.
- c) Eating Disorders – Ms. Ricca explained that she has the privilege to go around to classes explaining the dangers of eating disorders. She knows firsthand the dangers of eating disorders and wants to be able to spread the word to help as many students as possible. Ms. Poulis asked if it was possible for Ms. Ricca to come to the middle school classes to speak. Ms. Ricca said she would speak to them if she was allowed to miss classes at the HS. Ms. Ciminiello stated she would speak with Dr. Jones.
- d) Ms. Ciminiello did speak with Dr. Jones and she indicated that she would reach out to Ms. Ricca.

**The meeting adjourned at approximately 4:00 p.m.**

**Next meeting will be sent out under separate cover.**