

**OFFICE OF BUSINESS ADMINISTRATION
PATCHOGUE-MEDFORD SCHOOLS
241 South Ocean Avenue
Patchogue, New York 11772
(631) 687-6330**

WELLNESS COMMITTEE MEETING

AGENDA

Tuesday, December 1, 2015

- 1. Policy Review**
 - a. Students on Committee**
 - b. Pleasant environments**
 - c. Adequate time to eat**
 - d. Provide linkages between health education and school meals program**

- 2. Public Notice – Wellness Committee**
 - a. Publicize minutes**

- 3. Other**

PATCHOGUE-MEDFORD UNION FREE SCHOOL DISTRICT
Wellness Committee
241 South Ocean Avenue
Patchogue, New York 11772

December 1, 2015

MEMBERS OF THE COMMITTEE PRESENT: Nicole Ciminiello, Tom Combs, Diane O'Connell, Dr. Paula Mays, Dr. Donna Jones, Nancy Poulis, Dan Erwin

MEMBERS OF THE COMMITTEE ABSENT: Karen Reilly, Diana Andrade, Nancy Holliday

1. CALL TO ORDER

Dr. Jones called the meeting to order at 3:15 p.m.

2. Welcome/Introductions:

Donna welcomed everyone and reviewed the agenda.

3. Wellness Policy

- a) Donna asked everyone if they had any comments relating to the Wellness Policy.
- b) Donna commented that the Wellness Policy states that there needs to be student representation. She reached out to Randy at the HS and asked him to recommend a student or two to be on the committee. Paula stated that she could also recommend one or two students from South Ocean to be on the committee as well.
- c) The Wellness Policy states that all eating environments must be pleasant, Donna asked the committee if they felt that all cafeterias were pleasant and appealing. Dan stated that he has signs and colorful posters in all cafeterias. The committee also stated that they felt all the cafeteria's had pleasant environments.
- d) The policy also stated that linkages should be provided between health education and the school meals program. Donna asked Tom if his Physical Education teachers could provide more linkages to the curriculum at the elementary level since there are no Health Classes in elementary schools. Tom will review this concept at his meeting with the Physical Education teachers on December 9, 2015.

4. November Menus

- a) Tom thanked Dan Erwin for making some changes to the menu and Donna also thanked Paula for her suggestion of making the menus both in English and Spanish. The changes were well received by all of the schools.

5. Public Notice of the Wellness Committee

- a) Donna explained that the minutes need to be placed on the website and also asked if we could try to find another community member to be on the committee. Paula was going to reach out to her PTA president.

6. Other

- a) Fitness Stations-Tom provided information to Donna about fitness stations and gave her some costs. The committee agreed to try to pilot fitness stations at two schools, South Ocean and Medford.

The meeting adjourned at 3:50 p.m. The next meeting notification will be provided under separate cover.