

Meet the staff

High School Physical Education

Danielle Balsamo
Steve Cole
Catherine Davis
Leighann Gallagher
Carrie Gangl
Christopher Grieco
Patricia Shea
Robert Stevens
Bradley Weinman
Dustin Zakar

Health

Jeffrey Rowett
Suzanne Piro
Haley Wood

Oregon Middle School

Physical Education

Meghan Coope
Anthony Frascogna
Robert Stevens

Health

Nancy Poulis
Haley Wood

Saxton Middle School

Physical Education

Catherine Davis
Kelly Farmer
Jeffrey Hansen

Health

Kerri Bruckner

South Ocean Middle School

Physical Education

Robert DeSilva
Kelly Farmer
Frank Padolecchia

Health

Kerry Bruckner
Shannon Maloney



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Assistant Superintendent for Human Resources

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Assistant Superintendent for Special Education
and Pupil Personnel Services

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School Business Administrator

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Principal, Patchogue-Medford High School

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Kristen Pucilowski, Assistant Principal
Derek Robinson, Assistant Principal
Dennis Sullivan, Ed.D., Assistant Principal

Patchogue-Medford Schools

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PHYSICAL EDUCATION and HEALTH

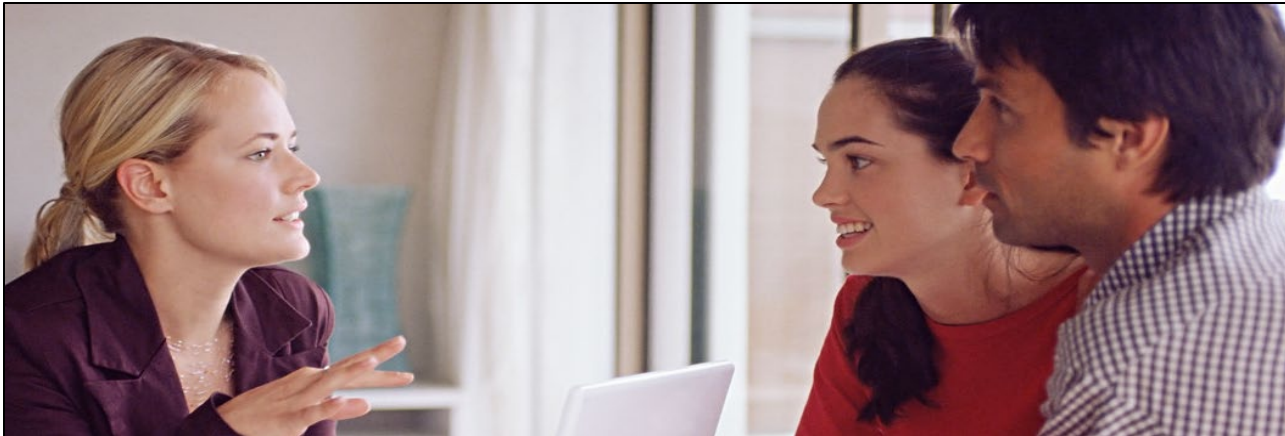


Mr. Anthony Cracco
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Physical Education,
and Athletics

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For more information visit the
website and view Program of
Studies at www.pmschools.org



COURSES

REQUIRED COURSES

PHYSICAL EDUCATION

Full Year = ½ Credit

PE 101: 9th Grade

PE 201: Fitness/Wellness, Grades 10-12

PE 301: Team Sports, Grades 10-12

PE 401: Lifelong Activities, Grades 10-12

Adapted PE

PE Elective

PE 501: Spin, 1/2 credit, Grades 10-12

HEALTH

Health Education – Half year

Health Education – Alternate Days

DESCRIPTION

As research indicates, the more physically fit an individual, the healthier, better adjusted and more motivated the individual will become. The Physical Education Department believes that each student is entitled to an equal opportunity to participate in physical activities that will benefit their needs, interests, and values. The staff is committed to encourage and assist students to become all they are capable of being and to develop a healthy respect toward themselves and each other.

Health Education is instruction in concepts, understandings and behaviors that cover several dimensions of health. Instruction covers: mental health, nutrition and fitness, drugs, alcohol and tobacco, safety, disease prevention and control, environment and public health, consumer health, family life education, and other health-related areas.

Q&A

How many units of study are necessary for graduation?

Physical Education - Students need a total of two credits to fulfill the graduation requirements.

Health Education – Students need a half-credit to fulfill the graduation requirements.

How do I gain PE credit?

Physical Education is a performance-based class. A student gains credit by:

- Being on time
- Changing into appropriate clothing
- Participating in warm-up activities
- Participating in daily activities
- Following sportsmanship guidelines
- Cognitive assessment ie: Rules and strategies

How do I make up PE class?

Classes missed legally may be made up for credit by participating in a make-up session:

- Sessions offered before and after school
 - One make up per day
 - Must be on time
 - Must wear sneakers
 - Make ups for present quarter only