During this time, it's also critical for us, as school district to continue to focus on supporting the social/emotional needs and development of our students at home.

Our team has put together a list of informational resources, articles, and guides to support you and your family’s social/emotional needs during this difficult time. Our goal is to continue updating this list as we come across relevant content.

Talking to Children About COVID-19 (Coronavirus): A Parent Resource

COVID-19 and Our Common Humanity - Center for Healthy Minds:

Tips for Being Home with Children Who Have Special Needs in the Time of COVID-19/Coronavirus:

Managing Anxiety & Stress of COVID-19

Regulating Emotions in a COVID-19 World

Virus Anxiety Resources
https://www.virusanxiety.com/take-care