

PATCHOGUE-MEDFORD SCHOOL DISTRICT

2023 RESOURCES FOR TEEN PREGNANCY



Are you a teenage Mom or Dad to be?



What now?

How do you tell your partner?

How do you speak with your parents?

How can I stay in school?

Supports Are Available

For years, the high school mental health team have offered discrete support to students and their families.

WHO YOU CAN TALK TO:

- YOUR PARENTS
- SCHOOL COUNSELOR
- SCHOOL SOCIAL WORKER
- SCHOOL PSYCHOLOGIST



**YOU ARE NOT
ALONE.**



Supports within PMHS have been longstanding and include the following:

***Preventative supports such as Girls, Inc. as well as SEPA MUJER. Teen pregnancy is also discussed in our health classes.**

***One of our longstanding partnerships is with the Youth and Adolescent Services EOC of Suffolk County who offers supports through their CAPP program, as described below:**

Comprehensive Adolescent Pregnancy Prevention (CAPP)

The CAPP program helps to decrease adolescent pregnancy through a comprehensive approach to reducing the risk of initial and repeat pregnancies, reducing STDs and HIV/AIDS rates among adolescents, and promoting healthy sexual behaviors. The initiative – which receives funding from the New York State Department of Health – addresses through evidenced based curriculum, the underlying issues associated with adolescent parenting as well as race, ethnic, and geographical disparities related to adolescent sexual health outcomes. CAPP encourages alternatives to sexual activity by promoting an optimal transition into healthy young adulthood.

***Another partnership PMSD works with is Mercy Center Ministries which provides shelter for pregnant or parenting women ages 16-21 with counseling and case management.**

LOCAL SUPPORTS

1. Youth and Adolescent Services
631-447-0698
2. Mercy Center
631-447-3978
3. Birthright of Nassau/Suffolk County Helpline
1-800-550-4900
4. Planned Parenthood
450 Waverly Ave.
Patchogue, NY
631-475-5705
5. SEPA MUJER
631-980-2555
6. GIRLS INC.
212-509-2000
7. High School Parenting Teen Group

TEEN PREGNANCY

Know the facts:

CDC Report from June 2022 notes that teenage birth rates have fallen. The report from the Centers for Disease Control and Prevention's National Center for Health Statistics, showed the birth rate among 15- to 19-year-olds in 2022 was 13.5 per 1,000 females.

Teen mothers are less likely to seek prenatal care. The CDC suggests focusing on information, healthcare, and communication as well as planning as a family.



Important links:

[American Pregnancy Association](#)

[Guttmacher Institute](#)

[EOC of Suffolk Youth & Adolescent Services](#)

[Sepamujer](#)

[Girls Inc.](#)

[Suffolk County Resource Guide](#)



TEEN PREGNANCY HOTLINE 1-800-672-2296

Ask for the Suffolk County Pregnancy Guide 2023